



Start Summer With a Glow

IANH – Saheli is offering classes to those interested in learning how to make botanical skin-care products, using ingredients that can be found in the home.

Our first class begins on Saturday, June 14th 10:30 – 11:30 a.m in Nashua.

We will be making a facial refresher and facial oil, using natural ingredients combined with botanical oils, which are gentle and nourishing to the skin.

Please join us for a fun-filled class, where you can create and take home your own skin care products.

To participate in the class, please register on or before June 12th, a \$5.00 fee will be charged, to cover product expenses.

For further inquiries and to register, please contact Maureen or Geeta at ianh_saheli@ianh.org

Or via telephone at (603) 930 4666